REPORT JUNE 2022- March 2023

International Yoga Day 21-06-2022

The **International Day of Yoga** was celebrated by our NSS Students of Dr MGR Janaki college of Arts and Science for Women, Chennai on 21st june at Subrahmanyam Hall . Students practiced yoga with the guidance of an expert Swati Athmanathan, Assistant professor, Department Of Natya. She demonstrated different postures and created awareness regarding the importance of yoga.







Seminar on Disaster Management 26-07-2022

The National Service Scheme Unit of Dr MGR Janaki college of Arts and Science for Women organised a Seminar on " Disaster Management" on 26^{th} July 2022 from 11:30 A.M at Seminar hall . A demo session was given by Mr M. Radhakrishnan, Head Of Disaster Management, Thozhan-NGO.







State Level Adventure Camp 13.07.2022 to 16.07.2022

State Level Adventure Camp (SLAC) was organized by Tamil Nadu State NSS Cell in collaboration with Periyar University, Salem at Don Bosco Retreat Centre, Yercaud from 13th to 16th July 2022. The volunteers and the NSS Program officers from various universities were assembled at the Sona College of Technology, Salem for the registration process. In this camp there was nearby 12 universities gives their participation and totally 160 volunteers have participated.

A.Kasturi, NSS volunteer of Dr MGR Janaki college of Arts and Science for Women participated and excelled in various activities conducted in this camp

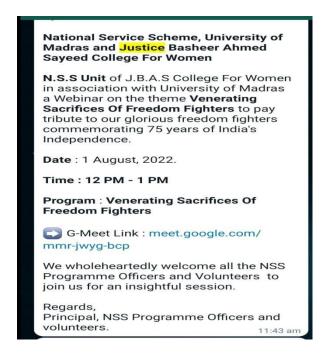




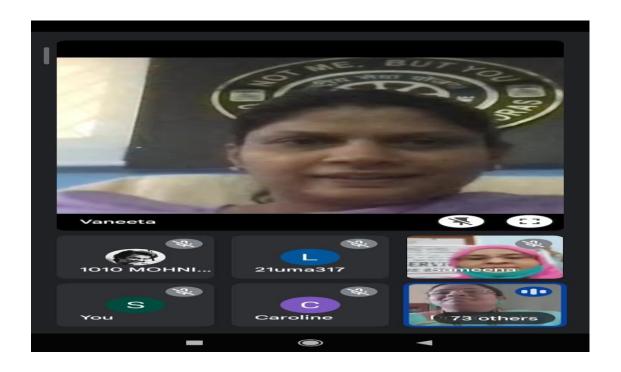


Webinar on "Venerating Sacrifices of Freedom Fighters" 01.08.2022

NSS unit of J.B.A.S college for women conducted a webinar on the theme "Venerating Sacrifices of Freedom Fighters" on 1st August,2022. NSS students of Dr MGR Janaki college of Arts and Science for Women actively participated in this event through google meet. Freedom fighters were honoured and their role in our lives were discussed.







Clean India Campaign - 04.08.2022

Clean India awareness was organised by National Service Scheme (NSS) of Dr MGR Janaki college of arts and science for women ,Chennai on 4th August conducted in Dr MGR Janaki college campus. All the second year students involved in the cleaning activity in the college campus.









Campaign Of 75 Years of India's Independence – 03.08.2022

Dr MGR Janaki College For Women celebrated 75 years of India's independence by screening a video- portable van.







Independence Day Celebration 15.08.2022

The Dr MGR Janaki College Of Arts & Science For Women celebrated Independence Day on 15th August with the launch of the book titled "**PreSense Speaks- Valiant Freedom fighters of India**" by Prime point Foundation.







Cordially invite you to the Launch of the book titled

"PreSense Speaks - Valiant freedom fighters of India"

on

Monday, 15th August 2022 at 10.00 am

at

MGR Arangam, Dr MGR-Janaki College of Arts and Science for Women, RA Puram, Chennai 600028

Dr R. Manimekalai

Principal

Dr MGR-Janaki College of Arts and Science for Women

has kindly consented to release the book



$Tree\ plantation-08.08.2022$

NSS students of Dr MGR Janaki college of Arts and Science for Women planted around 100 saplings in our campus .





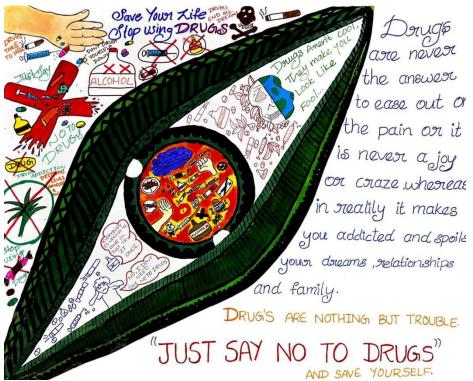


Drug Free India- 03.09.2022

The Art of Living, a charitable trust conducted short film, slogans with artwork competitions for Drug free India campaign. The NSS students of Dr MGR Janaki college of Arts and Science for Women registered and participated in this event through the given link. Our student Hanumanth Gari Rajashree Bai, Psychology dept got nominated for slogan writing.





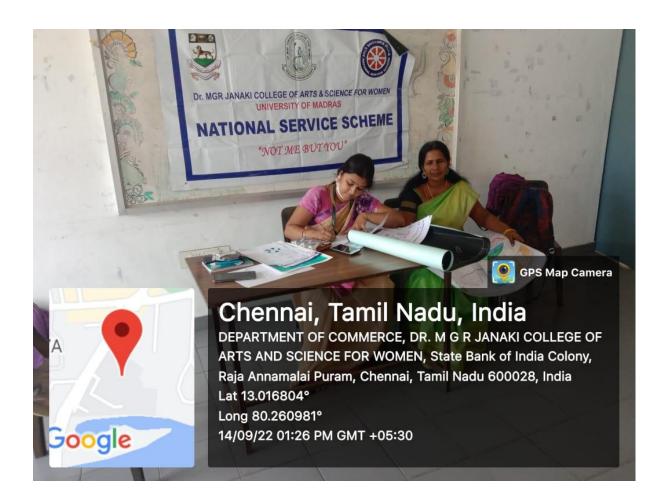


World Literacy Day 14.09.2022

The NSS unit of Dr MGR Janaki college of Arts & Science for women organised a Poster making completion regarding "World Literacy Day". Students actively participated and won prizes.







International Coastal CleanUp Day 17.09.2022

Dr. L. Murugan, Hon'ble minister of State, Ministeries of Fisheries initiated this 6K Run of plastic free environment at Besant Nagar beach. The NSS students of of Dr MGR Janaki college of Arts & Science for women registered and participated in the marathon and received certificates.







Blood Donation Camp- 21.09.2022

The Tamilnadu Dr. MGR Medical University conducted a voluntary blood donation camp on 21st September at Dr MGR Janaki college of Arts and Science for Women. There were around 116 donors. 26 units of blood were collected.









Workshop on Disaster management 21.09.2022 to 23.09.2022

The NSS Programme Officer Of Dr MGR Janaki College Of Arts & Science for Women participated the Workshop conducted by Disaster Management Cell , Govt of India at Anna Administrative Staff College, Chennai from 21.09.2022 to 23.09.2022. The Role Of NSS officers in Disaster risk Reduction was discussed .









District Level cultural Festival – 30.09.2022

The Ministry Of Youth Affairs & Sports, Government of India in association with NSS, Patrician College Of Arts & Science conducted a district level cultural festival "YUVA UTSAV '22". The students of Dr MGR Janaki college of Arts and Science for Women participated in various competition and have won 2nd prize in painting, 3rd prize in Speech and 2nd prize in dance.



Distribution Of Deworming Tablets 30.09.2022

The NSS unit along with Department of Microbiology provided deworming tablets and multivitamin tablets to all the students of Dr MGR Janaki College for women on 30th September.





Mega Awareness Green Event 15.10.2022

A Mega awareness green event was conducted on 15th October at Besant Nagar beach. A world record for most signatures on a cloth piece towards environmental awareness was created with 2 km human chain, around 5,00,000 students in celebration of Dr APJ Adbul Kalam's 91st birthday. The students of Dr MGR Janaki college of Arts and Science for Women actively participated .





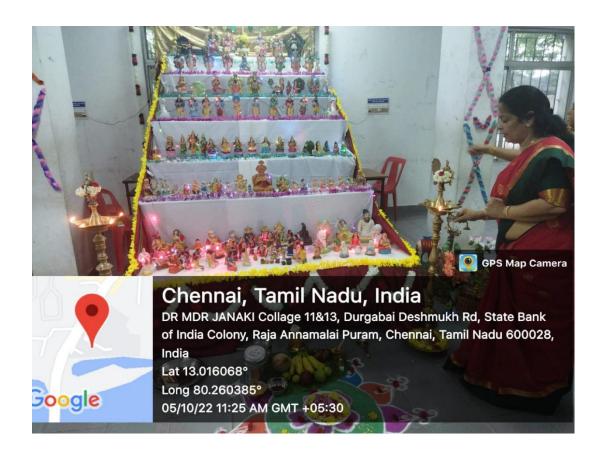


Navaratri Golu Celebration - 05.10.2022

Navratri golu function was organised by National Service Scheme (NSS) of Dr MGR Janaki college of arts and science for women, Chennai on 5th October 2021 conducted in Dr MGR Janaki college campus at 10:00 am. NSS students painted clay dolls and Volunteers arranged steps according to our tradition was setup. Also students performed traditional dance and songs for the golu function.







Wall Magazine Competition –SVEEP (Election Awareness)-19.10.2022

The NSS unit Of Dr MGR Janaki College for Women conducted Poster Making Competitions on 19^{th} October creating awareness regarding voting rights under the topic "MY VOTE , MY RIGHT". The students actively participated and won cash prizes.





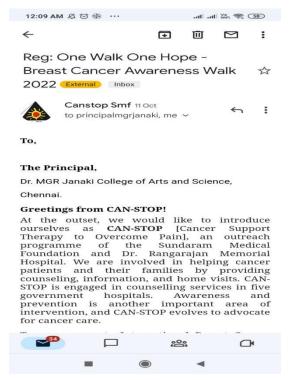


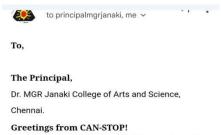




Breast Cancer Awareness Walk 30.10.2022

CAN – STOP , an outreach programme of the Sundaram Medical Foundation and Dr Rangarajan Memorial hospital organised a walkathon "ONE WALK ONE HOPE" on 30th October from Olcott school, Besant Nagar to create awareness. The students of Dr MGR Janaki college of Arts and Science for Women actively participated.





At the outset, we would like to introduce ourselves as CAN-STOP [Cancer Support Therapy to Overcome Pain], an outreach programme of the Sundaram Medical Foundation and Dr. Rangarajan Memorial Hospital. We are involved in helping cancer patients and their families by providing counseling, information, and home visits. CAN-STOP is engaged in counselling services in five government hospitals. Awareness and prevention is another important area of intervention, and CAN-STOP evolves to advocate for cancer care.

To commemorate International Breast Cancer Awareness Month, "CAN-STOP" is organising several activities throughout the month of October to raise awareness of the importance of regular breast examinations among the general public. CANSTOP is holding its 13th annual walkathon event called "ONE WALK ONE HOPE" to raise public awareness about breast cancer. This year's walk is happening on October 30th, 2022, from 6.30 am to 9.00 am at Olcott Memorial School, Besant Nagar. More

UN Day For Advocacy On Violence Against Women 25.11.2022

A Workshop on violence against women was organized on 25th November 2022 in accordance to UN Day for advocacy on Violence against women ,presented by Ms.Datchyaayane, Assistant Professor, Department of Psychology ,Dr. MGR-Janaki College of arts and science for women. Students were given proper Meaning of abuse, types of abuse, causes and consequences of abuse. She explained about the precautions and necessary actions to be taken and schematic interventions.







Anna centenary library – volunteership

(6.01.2023&7.01.2023)

Around 15 NSS volunteers of Dr MGR Janaki college of Arts & Science for women volunteered for the certificate writing in Anna centenary library, kotturpuram on 6^{th} & 7^{th} of January 2023





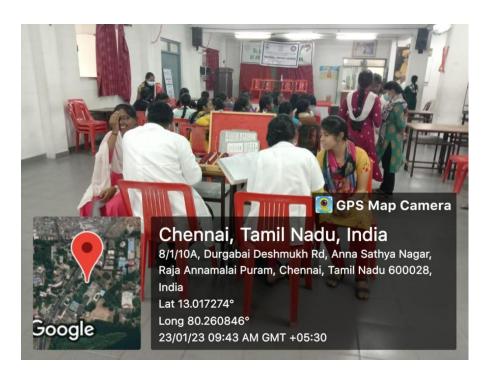
EYE CAMP- Free Screening

(23.01.2023)

Dr MGR Janaki college of Arts & Science for women along with Radhathri Nethralaya Eye Hospital organised a free eye camp on 23th of January . Around 200 students received screening from the doctors.







Competition for school students – Dr MGR birthday

24.01.2023 & 25.01.2023

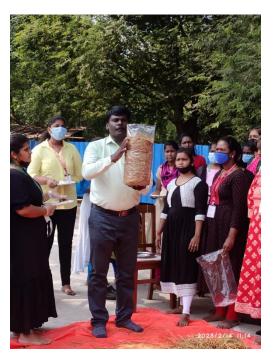
Around 50 NSS volunteers of Dr MGR Janaki college of Arts & Science for women volunteered for the competitions held for the school children in Dr MGR Janaki college of Arts & Science for women on 24^{th} & 25^{th} of January 2023



Skill Development Workshop- Mushroom cultivation to empower women (13.02.2023 & 14.02.2023)

Women Christian College in collaboration with Department of Plant Biology & Plant Biotechnology and Entrepreneurship cell, IIC organised a Skill Development Workshop on Mushroom cultivation to empower women ,13th & 14th February 2023. The resource person Dr. V. Ragupathi, managing director, Early Mushrooms & Seed Centre, Chennai demonstrated about mushroom cultivation. Around 8 NSS students from Dr MGR Janaki college of Arts & Science for women actively participated in this workshop.







Walkathon – A walk for our ancestors legacy

(12.03.2023)

AI INNOVATION conducted a walkathon on 12th march in besant nagar near Olcottt memorial school through Adyar park. The movement's motive is to conserve historical monuments. Around 15 students of Dr MGR Janaki college of Arts & Science for women participated in this event.







EYE CAMP- Free Screening

(15.03.2023)

Dr MGR Janaki college of Arts & Science for women along with Radhathri Nethralaya Eye Hospital organised a free eye camp on 15^{th} of February . Around 210 students received screening from the doctors.







NSS Programme Officer Meeting on 21.03.23

University level NSS Programme officer Meeting was organized on 21th March 2023. One day NSS officer orientation programme, Dr C. Samuel Chelliah, .Regional Director, Dr. Vaneeta Aggarwal. NSS Coordinator, University of Madras, Prof .S. Gowri, Vice-Chancellor , University of Madras, and Prof S. Elumalai, Registrar, University of Madras were the guest speakers. Dr. Vaneeta Aggarwal. NSS Coordinator, about the PFMS Portal..NSS Programme officer Ms.Muthulakshmi participated.







